

Local Agency Conference Call January 7, 2014

Broadwater ✓, Cascade ✓, Custer ✓, Dawson ✓, Deer Lodge ✓, Fergus ✓, Flathead ✓, Gallatin ✓, Hill ✓, Lake ✓, Lewis and Clark ✓, Lincoln □, Missoula ✓, Ravalli ✓, RiverStone ✓, Sanders □, Sheridan ✓, Silver Bow ✓, Teton ✓, Valley ✓, Fort Peck ✓, Northern Cheyenne ✓, Blackfeet ✓, Crow ✓, Confederated Salish & Kootenai Tribes □, Fort Belknap ✓, Rocky Boy □

Present ✓, Absent □

Staff: Joan, Leah, Corrine, Kevin, Glade, Kate, Dick, Mark S., Jeremy Brokaw

Welcome and State Update

Joan presented updates:

-The completed ME and Farmer's Market ME went well. There will be LARC training during the Spring Training meeting April 10 and 11.

- Spring Training meeting April 10 and 11 at the Hilton Garden Inn in Bozeman will be free to for WIC employees and expect around \$100 for others. 1st day will include Jamie Pfarr's presentation of "Bridges to Poverty" and LARC training.

-Two OA requests will be submitted next week (contracts to be amended as needed):

1) Money for case load maintenance

2) Additional funds for EBT

- NW Community Health Center will take over WIC contract in Lincoln Co. starting in Feb.

-WIC Futures Study Group meeting January 30, 9 – 4 at the Wingate in Helena.

-Monitoring for 2014 is almost completed. New monitoring will start this spring.

-Participation report will be in Monday's newsletter. Oct. – Nov. participation dropped off significantly mostly due to change to month to month, government shutdown, plus the holidays; most noticeable at the larger clinics. WIC programs are encouraged to look at participation numbers and to do more outreach. Participation is expected to go back up with March's numbers.

- Checks could not be issued on Dec 31st but December numbers will not be affected significantly and problem should be solved soon. We will keep you updated.

New Food List

-Rollout May 1st w/ paper insert for participants. Joan went over changes (see attached: May 1 2014 Food List Changes) Joan also mentioned that some items such as string cheese and organic milk were dropped for reasons of cost containment (they are too expensive).

Abbott Formula Changes

Kate went over Similac changes (see presentation: Similac Changes and document: FAQ on Similac Changes.)

Month to Month Issuances

Leah presented Month to Month Refresher (see presentation: Month to Month Refresher). Nutrition Education must take place monthly.

Retail Monitoring

Reminder: The list of Local Agencies that have routine retailer monitoring to conduct before the end of February include:

Blackfeet
Broadwater
Crow
Deer Lodge
Flathead
Fort Peck
Gallatin
Lake
Lewis & Clark
Lincoln
Missoula
Ravalli
Salish & Kootenai
Sanders

Thank you for your cooperation, Kevin Moore kmoore@mt.gov

Smoking Cessation & Pregnancy

Jeremy Brokaw presented a QUIT Line new programs.

Jeremy went over health effects of smoking on pregnant women and their children in MT and also the financial costs.

People who use the Montana Tobacco Quit Line are seven to 10 times more likely to quit than those who try to quit on their own.

Tobacco Quit Line offers new benefits |

Montana residents resolving to quit tobacco can get additional benefits from the Montana Tobacco Quit Line beginning Jan. 1.

The toll-free help line will offer up to eight weeks of free nicotine replacement therapy (gum, lozenges or the patch) instead of the six-week supply that has been available in the past. In addition, the quit line will offer Chantix for \$50 a month and Bupropion for \$5 a month, for up to three months.

Quit line callers can also get guidance from specialists to set a quit date, develop a personalized quit plan and take part in five proactive calls with a quit coach who will guide them through the quitting process.

There's also a program aimed especially at pregnant women. The Montana Tobacco Quit Line Pregnancy and Postpartum Program will provide up to nine calls during pregnancy and after delivery. Free nicotine replacement therapies will be available with a prescription from the participant's medical provider. Other benefits of the program include a small reward card for each completed call.

The FDA has not approved smokeless tobacco or e-cigarettes as successful cessation devices. Use of these products may hamper a person's success at quitting tobacco.

January 16, 2014 Retail Conference Call Cancelled